FMCSA Hours of Service Rule Change Effective September 29, 2020

The new changes will apply to both concrete mixer truck drivers and drivers of other CMVs utilized within the industry. The changes include four major updates changing how long-haul drivers are required to take breaks and extending the distance short-haul drivers can travel in a day. The acting associate administrator for enforcement at the FMCSA, Joseph DeLorenzo stated, “this rule was really focused on the input that we received from everyone that’s been involved in the process from the drivers to the carriers, groups and others”. Many thanks go out to the NRMCA and its Coalition partners who have been advocating on our behalf for years.

The four main FMCSA updates to HOS rules:
1) Increasing the driving window for short-haul operators taking advantage of the 100 air-mile logging exemption from 12 hours to 14 hours, and increases the 100 air-mile radius of the exemption to 150 air-miles;
2) Expanding by 2 hours, the driving window under adverse driving conditions;
3) Only requiring a 30-minute break be taken after 8 hours of driving time, instead of on-duty time, but allowing that on-duty/non-driving time of 30-minutes or more can suffice for the break; and
4) Expansions of sleeper-berth use flexibilities.

Article continued on pages 6-7.

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<tr>
<th>PROVISION</th>
<th>PRIOR RULE</th>
<th>UPDATED RULE – COMPLIANCE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limitations on minimum “34-hour restarts”</td>
<td>None</td>
<td>JULY 1, 2013</td>
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<tbody>
<tr>
<td>Rest breaks</td>
<td>None except as limited by other rule provisions.</td>
<td>FEBRUARY 27, 2012</td>
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<tbody>
<tr>
<td>On-duty time</td>
<td>Includes any time in CMV except sleeper-berth.</td>
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<th>UPDATED RULE – COMPLIANCE DATE</th>
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<tr>
<td>Penalties</td>
<td>“Egregious” hours of service violations not specifically defined.</td>
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<th>UPDATED RULE – COMPLIANCE DATE</th>
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<tr>
<td>Oilfield exemption</td>
<td>“Waiting time” for certain drivers at oilfields (which is off-duty but does extend 14-hour duty period) must be recorded and available to FMCSA, but no method or details are specified for the recordkeeping.</td>
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WRMCA Career Page
The WRMCA has a ready-mix driver career page to help promote the need for drivers (https://wrmca.com/ready-mix-driver-career/). WRMCA producer members are able to have their company logo and link to their employment page posted on the career page.

If you would like your company to be added to this page, please contact Cherish at cschwenn@wrmca.com.

Please include the following two items:
- Logo
- Link to your company website employment page OR contact page.

ACI Grade 1 Certification
The WRMCA will be offering one last ACI Grade 1 Certification class in 2020. The class will be held Tuesday, November 17th at Carew Concrete in Green Bay.

The cost is $405 for WRMCA members and $580 for non-members. The class is limited to 30 students. The class will begin at 7:30 a.m.

To download a registration form, go to the events calendar at www.wrmca.com. For more information, please contact Kim at knovak@wrmca.com.

WRMCA November Board Meeting
The WRMCA will hold a board meeting on Thursday, November 12th at Pheasants @ Large in Port Washington. A pheasant hunt will take place at 9:00 a.m. followed by the board meeting at 1:30 p.m. Dinner will be served after the board meeting. The pheasant hunt and board meeting are open to the membership, if you would like to attend either event, please contact Kim at knovak@wrmca.com.

WRMCA Annual Scholarship
The WRMCA is pleased to announce its 2021-2022 Scholarship Program. A scholarship will be awarded to immediate family members of WRMCA members.

The WRMCA will award a $5,000 scholarship if the winner chooses to go to the Concrete Industry Management programs offered at Middle Tennessee State University, New Jersey Institute of Technology, California State University at Chico and Arizona State University in Phoenix. Other eligible programs would include those at Alpena Community College in Michigan and Rhodes State College in Ohio.

The Wisconsin Ready Mixed Concrete Association reserves the right to expand the list of schools as programs are developed. The goal of the scholarship program is to seek out and assist students seeking further education to enter the ready-mixed concrete industry. A $2,500 scholarship will be given if the winner plans to enroll in a school of their choice.

Detailed information for both scholarships, including the scholarship application, is available at www.wrmca.com. The deadline for applications is November 30th.
Concrete Design Awards Entry Deadline

Now is the time to start working on your entries for the 39th Annual Concrete Design awards co-sponsored by Acuity, Carew Concrete & Supply, County Materials Corporation, Euclid Chemical, Mapei, Master Builders Solutions, Oshkosh Corporation, Premiere Concrete Admixtures, Riv/Crete Ready Mix, Sika Corporation, and the Wisconsin Chapter of the American Concrete Institute. The award program recognizes excellence in the ready-mixed concrete industry. Award winners benefit from industry recognition, networking opportunities, and free publicity in WRMCA publications. The deadline to submit your entry is Friday, December 4, 2020.

12th Annual WRMCA Pheasant Hunt

December 2nd - Pheasants @ Large in Port Washington, WI

The WRMCA Scholarship & Education Committee cordially invites you to participate in the 12th Annual Pheasant Tournament. Registration begins at 6:30 a.m. - the first team will begin promptly at 7:00 a.m. Please have your team members in attendance no later than 6:30 a.m.

Each team will have a maximum of 6 hunters with a team captain, an optional 7th team member as a dog handler only. YOU DO NOT NEED DOGS – we can provide dogs if necessary – please let us know if you will or will not have dogs on the entry form found at www.wrmca.com.

Your tournament scores will be measured on your results of a bird hunt and a clay shoot. Limited time in the field and limited ammunition. There will be networking opportunities during lunch and dinner in the Bunkhouse. A gun raffle will also be held. Beds are available at The Bunk House on a first come first served basis, contact Dan Large (262) 685-7749. Dan will contact the team captain with details and to discuss dogs and ammo. Limited to the first 12 teams to sign up, registration is available at www.wrmca.com.

OES Workshop

The 2021 Annual OES Workshop will be held on Friday, February 5th at the Kalahari Resort in Wisconsin Dells. The committee is working on keeping members up to date on all new Operations, Environmental, and Safety changes in the industry. We will have guidance after the November election. Please contact Kim at knovak@wrmca.com or 608-250-6304 if you would like to participate on the OES Committee.

Technical Workshop

The 2021 Annual Technical Workshop will be held on Thursday, February 4th at the Kalahari Resort in Wisconsin Dells. Start planning now to invite contractors to the workshop. Contact Cherish at cschwenn@wrmca.com or 608-250-6304 if you would like to join the Technical Committee. Look for more information on both events in a future edition of In the Mix.
Paving Promotion Training
WEBINAR

WHAT: “How to Promote Concrete Parking Lots in Wisconsin”

WHO: WRMCA members & concrete contractors

WHEN: October 14, 2020

TIME: Noon - 1:00 pm

COST: Complimentary

Who should attend this webinar?
- Ready mix sales reps, marketers, managers and owners
- Suppliers to the ready mix industry (cement, admix, aggregates, equipment, etc.)
- Concrete contractors interested in increasing their concrete paving business

Webinar description
- Attendees will learn about tips, methods and tools for converting asphalt parking lot projects to concrete paving.
- Attendees will review examples of Wisconsin parking lot projects that were originally intended to be asphalt, but later converted to concrete. Learn how you can promote concrete parking lots in your market area.

Presenter
JASON KRUGER, BSCE
CONCRETE PAVING CONSULTANT
WISCONSIN READY MIXED CONCRETE ASSOCIATION
CELL PHONE: 612-867-2037
EMAIL: JKRUGER@JSKRUGERCONSULTING.COM

Presenter Bio: Kruger graduated in 1988 with a B.S. in Civil Engineering from Iowa State University, working the last 30+ years as an engineer in the concrete industry doing educational seminars, specification reviews, and related tasks.

Registration
E-mail WRMCA’s Cherish Schwenn at cschwenn@wrma.com to register
EDUCATION

Global Concrete Summit  
November 30th-December 10th

Join the Wisconsin Ready Mixed Concrete Association for the first ever Global Concrete Summit conference and expo, online November 30-December 10. Hosted by the National Ready Mixed Concrete Association and Grey Matters, the Summit is designed to bring practitioners, researchers and policy makers together to exchange the latest ideas, knowledge, and tools to build the future of concrete construction. The conference provides learning and networking opportunities on the latest innovations, technical knowledge, continuing research, tools and solutions for sustainable concrete design, construction and manufacturing.

ATTENDEES Researchers, academics, students, engineers, architects, contractors, policy makers, public works officials, concrete producers, material suppliers and concrete industry professionals are invited to attend and present at the Conference.

SPEAKERS Experts from around the world will present on the latest developments related to design, specifying, manufacturing, testing, construction, maintenance, and research of concrete as it relates to sustainable development.

The WRMCA is a proud Sponsor of the Global Concrete Summit and is offering a 40% discount on registration fees. Click here to learn more and to register! Use Discount Code WRMCA40 at checkout to receive the discount.

Contact Lionel Lemay, LLemay@nrmca.org, +1-847-922-7995.

WisCon FREE Workplace COVID-19 Preparedness & Response Consultation

- As of July 1, 2020, the WSLH’s Occupational Health Division, has established a group of occupational safety and health consultants whose mission is to help Wisconsin’s employers prepare and implement workplace COVID-19 preparedness and response plans.

- Our services are provided without any cost to Ready Mix producers, please visit https://uwmadison.co1.qualtrics.com/jfe/form/SVb0XhOPDHxMkjOUR to complete a form for consultation.
FMCSA Hours of Service Rule Change Continued

**Off-Duty Driving Limitations “10 Hours Consecutive”**
A ready mixed concrete mixer driver may not drive after an on-duty period until he or she has had 10 consecutive hours of off-duty time.

**On-Duty vs. Driving Limitations “14 Hours Consecutive”**
A ready mixed concrete mixer driver may not drive beyond 14 hours after he or she has reported for duty unless the driver has had 10 consecutive hours of off-duty time.

**On-Duty Driving Limitations:**
16 Hour - One Day Per Week Exception for Short Haul Drivers. Ready mixed concrete mixer drivers may drive beyond 14 hours, up to 16 hours, once a week. Mixer driver must have been released from duty at the normal work reporting location for the last 5 duty tours.
- Mixer drivers must return to the normal work reporting location and be released from duty within 16 hours.
- Mixer drivers does not drive more than 11 hours after 10 consecutive hours off duty.
- Mixer drivers shall not have used this exemption in the previous 7 days, except following a 24 or 34 hour restart.

**On-Duty Driving Limitations “11 Hours of Driving Time”**
A ready mixed concrete mixer driver may not drive beyond 11 hours (within a 14-hour driving window). Driving time is defined as all time spent at the controls of the vehicle in operation. Due to the nature of the job, most ready mixed concrete drivers will never reach 11 hours driving time. Most studies suggest that mixer drivers’ actual “driving time” is less than 50% of on-duty time.

**On-Duty Driving Limitations: “168-Hour Rule” or “60/7 and 70/8”**
- If a concrete producer does not operate every day of the week, then drivers may not drive after they have been “on duty” for 60 hours in any 7-day period.
- Similarly, if a ready mixed concrete producer operates every day of the week, then drivers may not drive after they are “on duty” more than 70 hours in any 8-day period.

**34-hour Clock Reset**
A ready mixed concrete mixer driver may restart the 60-hour/7-day or 70-hour/8-day clock after he or she has had at least 34 consecutive hours of off-duty time.

**24-hour Clock Reset “60/7 and 70/8 On-Duty Driving Hours”**
If a “construction material exemption” is taken, the mixer driver needs only 24 hours of off-duty time to restart the clock.

Construction Material Exception: 24-Hour Clock Reset”
- Must deliver concrete to a construction site
- Must not travel beyond a 50 75 air-mile radius from the plant

Driver Duty Status: “Logging”
- A ready mixed concrete mixer driver must keep a record of duty status commonly known as the “driver’s log”.
FMCSA Hours of Service Rule Change Continued

Duty Status: 150 Air-Mile Radius Exemption: Drivers may be exempt from keeping a record of duty status if:
1) The driver works within 150 air-miles of the reporting location;
2) The driver returns to reporting location and is released from work within 14 consecutive hours;
3) At least 10 consecutive hours off duty separate each 14 hours on-duty; and
4) The driver does not exceed 11 hours maximum driving following 10 consecutive hours off duty.
5) The employer maintains and retains for 6 months the following:
   a) The time the driver reports for duty each day;
   b) The total number of hours driver on duty each day; and
   c) The time the driver is released from duty each day.

*Time Cards are Acceptable.*

An air-mile is longer than a statute mile. There are 6,076 feet in an air-mile and 5,280 feet in a statute mile. One hundred fifty air-miles is equal to 172.60 statute miles.

30-Minute Break Rule
- Break does NOT have to be taken if a driver qualifies for the 150 air-mile logging exemption.
- Allows for on-duty/not driving period to qualify as the required “break”.
- Requires drivers to take a 30-minute break after 8 hours of driving time (not on-duty time).
- If a driver cannot or ends up not qualifying for the 150 air-mile logging exemption, drivers should document when they had a 30-minute break, such as waiting to load, unload, other downtime a driver may have had while NOT driving and/or off-duty time.
- Does NOT extend 14-hour window.

Q&A
1) Can a mixer driver do work (be on-duty) beyond the 14-hour driving window?
   Yes!.. There is no limit on total “on-duty” time.
   A driver may do other tasks, however, a driver may not drive once he/she has reached the 14 hour driving window limit” unless he/she is using the once a week 16 hour exception”.
2) Can a mixer driver do non-driving work (be on-duty) beyond the 60/70 hour limit?
   Yes!.. There is no limit on total “on-duty” time. A driver may do other tasks, however, a driver may not drive once he/she has reached the 60/70 hour limits.

Resources
For more information, go to FMCSA’s website at:
https://www.fmcsa.dot.gov/regulations/hours-of-service

A video on HOS can be viewed on the FMCSA’s website at:
https://connectdot.connectsolutions.com/hosoutreach/

NRMCA has a 2020 Hours of Guide that can be purchased at:
https://my.nrmca.org/Main/ItemDetail?iProductCode=2PHOS&CATEGORY=OPER.
HIGHWAY WORK ZONE SAFETY FOR READY MIXED CONCRETE!

On the Road Again!
Warmer weather means that roadwork season is in full effect, which means more ready mixed concrete is being delivered as more and more work zones are popping up on our interstates, highways, and streets. Transportation incidents and workers struck by vehicles or mobile equipment account for the highest number of fatal work injuries, according to the Bureau of Labor Statistics. Mixer drivers and others are in these high-risk areas where they are exposed to being struck by moving vehicles. Statistics show that the most likely time for a highway work zone accident is during daylight conditions and on a clear or cloudy day in August.

Highway Work Zone Recommendations
Any concrete producer employee who is likely to enter a highway work zone should receive highway work zone safety training. Mixer drivers should be on the lookout for standard highway signs outside and inside the work zone. Work zone entrances and exits may be on difficult angles to navigate, especially for a mixer truck. Be especially careful when backing and always use a spotter. If you exit the mixer truck in the work zone make sure you have all required PPE, including a hard hat and Class 2 or 3 Hi-Vis safety vest. Be especially mindful of passing vehicles inside and outside the work zone. Follow your company policy if asked to be a flagger. Many states require a flagger to be certified. Be especially careful at night pours where intense glare can limit eyesight. Finally, be very cautious when exiting a highway work zone. Many work zone exits have very limited acceleration lanes, which are particularly dangerous for slow moving mixer trucks.

Actions
Considerations for highway work zone practices:
• Think first
• Complete highway work zone safety training
• Be especially careful at work zone entrances
• Wear proper PPE, including type 2/3 Hi-Vis vest
• When backing, always use a spotter
• Pay attention to vehicle traffic inside and outside the work zone

Resources
For more information on highway work zone safety please follow the links below:
NRMCA: Safety Series
OSHA: Highway Work Zone Safety
FHWA: Highway Work Zone Safety Resources
What is Lockout/Tagout (LO/TO)?
LO/TO is a safety standard designed to help control hazardous energy to protect workers from its dangerous effects at ready mixed concrete plants. Compliance with LO/TO prevents injuries, amputations, and even death. LO/TO programs are aimed at protecting workers performing service or maintenance on machinery and equipment that may be exposed to injuries from unexpected energization, startup of machinery or equipment, or release of stored energy in equipment. In order to protect these workers, the LO/TO standard requires that all employers “establish a program and utilize procedures for affixing appropriate lockout devices or tagout devices to energy isolating devices, and to otherwise disable machines or equipment to prevent unexpected energization, start-up, or release of stored energy...”.

Lockout/Tagout Recommendations
Concrete producers should implement LO/TO programs that are tailored to their concrete plants. Plans should address ready mixed concrete industry activities, such as constructing, installing, setting up, adjusting, inspecting, modifying, bypassing guards and maintaining and/or servicing machines or equipment. As well as, lubrication, cleaning, or unjamming of conveyor belts and making adjustments or tool changes to equipment at plants. All producers should reference the federal or their state LO/TO standard for specific requirements.

Actions
Considerations for safe LO/TO practices:
- Think first
- Use standardized, durable locks
- Tags should be legible, bright and identifiable
- Use only one lock per each Authorized Employee
- Eliminate spare lock keys
- Keep procedures logical and up to date
- Utilize a LO/TO Logbook
- Train all employees on LO/TO
- Verify LO/TO

Resources
For more information on LO/TO please follow the links below:
NRMCA: Lockout/Tagout Safety Series Part 1 and Part 2
OSHA: Control of Hazardous Energy (Lockout/Tagout)
OSHA: Lockout/Tagout Standard
MEMBERSHIP DRIVE

We encourage members to promote membership to your suppliers. It is important for your vendors to support your industry and a vital way for them to do that is to become a member of the Wisconsin Ready Mixed Concrete Association. Below is a one-page insert that can be included with invoices sent via mail or email to vendors.

Want to be a part of an association that benefits you and your customers?
Our company values our vendors who are members of the WRMCA.

To learn more about becoming a member; go to https://wrmca.com/resources/membership/ or complete the application below and send it to info@wrmca.com or 44 East Mifflin Street, Suite 305, Madison, WI 53703

**Wisconsin Ready Mixed Concrete Association Membership Application**

*I hereby apply for associate membership in the Wisconsin Ready Mixed Concrete Association, Inc., in the name:*

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<tr>
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<th>CONTACT</th>
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We hereby agree to abide by the Articles of Incorporation and By-Laws of this Association and such amendments thereto as may be subsequently enacted.

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To pay with a credit card

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**Associate Dues Categories**

1. Cement Companies, Admixtures, Fly Ash & Manufacturing - $2,000
2. Aggregates, Transportation, etc. - $900
3. Service Providers - $500
## DATES TO REMEMBER

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Oct 5-7</td>
<td>Virtual NRMCA’s ConcreteWorks</td>
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<td>Oct 5-9</td>
<td>National Mixer Driver Appreciation Week</td>
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<td>Oct 13</td>
<td>Technical Committee Meeting, Pheasants@Large, Port Washington, 10am</td>
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<td>Oct 13</td>
<td>PCA/NRMCA Government Affairs Meeting</td>
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<td>Oct 14</td>
<td>WRMCA Paving Promotion Webinar</td>
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<td>Oct 19-23</td>
<td>NRMCA Online Concrete Safety Course</td>
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<td>Oct 25-29</td>
<td>ACI Fall Virtual Convention &amp; Expo</td>
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<td>Nov 12</td>
<td>WRMCA Board Meeting, Pheasants@Large, Port Washington</td>
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<td>Nov 16-17</td>
<td>NRMCA Online Improving Concrete Quality</td>
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<tr>
<td>Nov 16-20</td>
<td>NRMCA Online Environmental Course for RM Industry</td>
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<td>Nov 30-Dec 10</td>
<td>Global Concrete Virtual Summit</td>
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<td>Nov 30</td>
<td>WRMCA Scholarship Deadline</td>
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<td>Dec 2</td>
<td>WRMCA Pheasant Hunt, Pheasants@Large, Port Washington</td>
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<td>Dec 4</td>
<td>Concrete Design Awards Entry Deadline</td>
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<td>Jan 18-22</td>
<td>World of Concrete, Las Vegas</td>
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<td>Feb 4</td>
<td>Technical Workshop, Kalahari Resort, Wisconsin Dells</td>
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<td>Feb 5</td>
<td>OES Workshop, Kalahari Resort, Wisconsin Dells</td>
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<td>Feb 10-12</td>
<td>WCPA Annual Workshop</td>
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<tr>
<td>Feb 28-Mar 1</td>
<td>NRMCA Annual Convention, San Antonio, TX</td>
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**WRMCA SCOOP** is a quarterly publication of your Wisconsin Ready Mixed Concrete Association.

**WRMCA STAFF**
- Executive Director - Cherish Schwenn, cschwenn@wrmca.com
- Association Manager - Kim Novak, knovak@wrmca.com
- Lobbyist - Peter Kammer, pk@thekammergroup.com

Visit www.wrmca.com and download the latest issue of Scoop or archives of past editions.

Concrete - How ideas Get built."